HAW, CONFIDENT OF HIS FREEDOM, PLANS AUTO TRIP

ill Motor to Pittsburgh and Frisco if Lawyers Leave Enough Money.

EAD EVELYN'S STORY.

ayer, Bored in Court, Says Personal Recital Would Have Freed Him.

While Dr. Austin Flint was giving as his opinion before Justice Henoon that Harry K. Thaw is insane

s lawyers left hem money enough was going to buy a car to go to the Pacific Exposition next

When he became aware of the inest of the spectators in his map tudy Thaw tucked away the maps and less ostentatiously began looking

While Dr. Filnt was stating his nalifications as an alienist, Judge Fitzgerald of London and Dr. Macy, ad of the King's Park Hospital for the Insane, both intimate friends of ustice Hendrick, sat beside the Juse. Dr. Macy was also in court this rning. It was carefully explained that his presence had no official bearon the case and was due only to desire to visit with Justice Hen-

Dr. Flint said that from the first he saw Thaw until to-day he ad been sure Thaw was insane-a victim of paranoia. Mr. Stanchfield egan an aggressive cross-examina-

By holding long sessions until the pes to close the taking of testi-The verdict of the advisory will not end the proceeding, howverdict under consideration and week of our course of lessons. of the case for some time.

tanchfield, of his counsel, drew up just as enormously what you breathe. his knees, folded his arms and fairly attled his suggestions to the lawyer. Thaw told acquaintances in the court om that he anticipated a dull dayeferring to the technical testimony of Dr. Austin Flint and other alien

Thaw had nothing to say of the spension over Sunday of his priviant district. But he said he had inured his finger "playing court tennis JUSTICE HENDRICK DECLARES with two members of the Alimony hub who usually play pinochle with

se all night." Thaw showed only a perfunctory the testimony, which included Evelyn
Thaw's description of Stanford
White's studio in West Twentyfourth Street and her introduction
there.
ALSO READ HER MURDER TRIAL
TESTIMONY.
The reading of the revolting story
told by Evelyn Thaw on the stand at
the trial of Thaw for murder was
part of the record which was read it. nterest in the reading by Deputy At-

part of the record which was read. It included all the details of the attack which Evelyn Thaw said White had made on her. But Thaw listened calmly, only glancing at the jury from not appear in the stenographic record. which Evelyn Thaw said White had lme to time as though to observe the ffect of the story on them. He besame much more animated when there were tiffs between counsel as o the sequence in which the record ould be read.

The record showed that Evelyn had sworn before Justice teogh that in her association with haw he was sane and rational as to verything except Stanford White,

For

WHAT EVERY WOMAN SHOULD KNOW!

How to Keep Well, Keep Strong and Keep a Perfect Figure, Told in a Series of Illustrated Lessons



ture at Home," and is an authority on all questions of woman's physical well being. She will give a six weeks' course of lessons to the women readers of The Evening World this summer on "How to Make Yourself Well and Strong and Preserve Your Figure."

LESSON XII.

By Pauline Furlong.

The right sort of breathing is diaphragmatic, inflating every part of the lungs, but not moving the lower walls of the abdomen. The inhalation and exhalations should be taken through the nose, not the mouth, and should be characterized by depth, smoothness and regularity. Deep breathing should be an instinct which governs every minute of life, waking or sleeping. With every deep breath the stout woman takes, the bellows of her lungs fans the evidence is in. Justice Hendrick invisible bodily fire that burns up surplus tissue.

There you have summed up the sony Wednesday or possibly to-mor- creed of deep breathing which I tried to explain to you so thoroughly last week, and which I am briefly recapit-Whether it votes to set Thaw ulating to-day in order that you may or not, the Justice will take not fail to "begin right" in the third

HOW YOU BREATHE.

But there is still another factor to then he walked briskly into court be considered before we leave the North America. Very probably it is with his guard. He settled right topic of breathing. It matters enorown to the table beside John B. mously how you breathe; it matters

Every day women-men, too, and children-are taking into their bodies stale, decayed air, air containing poison, not so sensational in its action, but as deadly as that to be found in tainted meat or milk. We have had pure food crusades, and they have

HE WAS MISQUOTED.

Justice Hendrick to-day declared "several leading newspapers of New York are in contempt" for quoting a statement he declares he did not

An examination of the record shows that at the end of the murder story Deputy Attorney General Cook is recorded as saying:

"Go on "I think he has answered the ques-

ing that every newspaper quoting the comment, as denied by him, was in contempt. He said he would give each newspaper an opportunity to set itself right, but that it was within his power to punish any newspaper fail-ing to take such action, and he meant Constipation ing to take such action, and he meant to watch carefully what attitude each newspaper took.

Mayor Saves Wife From Drowning. Mayor George N. Seger of Passaic. Commodore of the Lake Hopatcong Yacht Club, was in haste when he The Delicious Laxative Chocolate
Lax relieves constipation, regulates
a stomach and bowels, stimulates the
rer and promotes digestion. Geod for
sung and old, 10c, 25c, and 50c, at
druggists,

Yacht Club, was in haste when he
brought his yacht up to the club float
yesterday evening. Mrs. Seger was
anxious to get up to their summer
home, Biltover, at the top of the bluff,
to make sure that dinner was ready.
Mrs. Seger wasked so fast that she
lost her balance and fell off an unfinished part of the float. Mayor Seger plunged after his wife, who had
begun to drift away, and brought her
safely ashore,

done admirable work; but why not start a pure air crusade?

Plenty of women still may be found eady to assure you that night air, especially, is a peril which must be avoided. It would be interesting may not reach the actual determina- IMPORTANCE OF WHAT AND to know how that superstition about night air arose in a climate such as is to be found in the greater part of an echo of the opinion held for so long in tropical countries—that night air is the direct cause of malaria. If I am not mistaken science now says that even in these countries the bite of a certain kind of mosquito, and not night air, brings maiaria. In any event, nobody in this latitude need fear malarial disorders through leaving the window open. Logically speaking, what sort of air can you get after sundown except night air? ages of roaming through the restaur- to give Thaw a great deal of satisfac- It seems to me that you have simply the choice between night air that is fresh and clean and cool and night air that has been breathed over and

over again. Of course most persons breathe better air in summer than in winter, even though they atay in the city all through the hot weather, instead of hising to some resort famed for its "ozone." There are more windows open. The danger lies in the hypercareful woman who tries to protect her furnishings with shutters and curtains from audacious sunlight, or who mistakenly believes that damp, dead air is cooler and healthier than a fresh, living current. Of course most persons breathe

Your room, your bedding and your-self should be given daily baths in air and sunshine, however high the temperature. It is a good plan to et the morning sunlight, which has cas heat-giving intensity than the noon glare) stream over you and your pelongings, while the windows are wide as they can be.

YOUR HOME SHOULD NOT BE

CLOSED TO AIR CURRENTS. Then, if you like, arrange screens, curtains, blinds or awnings so that your quarters are shaded and dark-ened during the middle of the day. "I think he has answered the question completely," said Mr. Stanchield, "and he will not go on unless the Court so directs."

The next quotation in the record is of a question put to the witness on another matter.

Justice Hendrick concluded by saying that every newspaper quoting the comment, as denied by him, was in contempt. He said he would give each newspaper an opportunity to set itself right, but that it was within his the comment of the plane in a room whose air content feels like that of a tomb.

When there is only one window

When there is only one window in a room, pull the sash down at the top and up at the bottom, thus effecting a circulation of the air current. This is more hyginenic than the usual procedure of thrusting the window up from the bottom as far as it will go. In any room, even your bedroom, which has windows located opposite at right angles to each other, or a window and a door occupying such relative positions, all When there is only one window

or a window and a door occupying such relative positions, all the apertures should be left open. There is no reason why you should fear a draught if you are in good health, and in summer such a self-made breeze is cooling and delightful. Why is fresh air so important,

do you ask? I have explained to you how essential oxygen is to to the human system, and how the stout person needs an especially generous supply. Fresh air is loaded with oxygen, but the air that you breathe out of your lungs is loaded with carbonic acid gas. It has been estimated that air preathed no more than twice breathed, no more than twice holds enough of this gas to put out the flame of a lamp.

One reason why you must be so certainly not, but don't overdo sure that your fresh air supply at them. Try only four or five of the night is unstinted is because the commonest methods of illumination. lamps and gas jets, feed themselves at the start.

oxygen even more lavishly than do human beings. It takes sixteen per- MRS. H. M where a gas lamp and a gas stove where a gas lamp and a gas stove are both burning busily, and where all the windows and doors are closed, if you want to realize the flerceness of the competition between you and the gas for the available oxygen. Your resultant headache will give the lesson more emphasis than any words of mine can lend it.

fresh, cool, unbreathed air every nour of the day or night. Summer is an excellent time to arrive at and practise the determination to supply your-tise the determination to supply yourself with this plain and simple necessary will be sent you on receipt of stamps to cover cost of same.

WAND EXERCISES STRENGTHEN be beneficial to a man who wants to WEAK HEART AND LUNGS.

A READER asks: What spe ones and the last we shall do for some time. Also they will aid in preparing you for the rather difficult set of movements I shall explain during the

movements I shall explain during the next two days.

To perform Exercise No. I take the correct standing position, then bring your leels together and plant the end of your wand on the floor so that it is parallel to your body and in front and a little to one side of you. The pounds: fair complexion, gray mustached lightly in your right hand, the right elbow being bent as when carrying.

Man's Body in North River.

The body of a man was taken from the word was touched by the sight of a two-year-old baby, mothered by one of the inmates. He played with the young-ster a few minutes and then addressed the women in the room.

Concerning his call Gov. Whitman said to reporters.

"My visit was purely to obtain information and to look over all that could be seen in the short period available. There is nothing inquisitorial in those of money for these places and we want tightly in your right hand, the right elbow being bent as when carrying an umbrella. Supporting yourself with the wand, raise and lower each foot alternately, bending the leg at the knee so that your shin is parallel to the floor.

to the floor.

This is called the stationary run, and exercises the muscles of the lega while developing what are likely to he two weak spots in the stout per sen-iungs and heart. Perform this exercise for thirty seconds and you will have run one-tenth of a mile.

In Exercise No. 2 your initial position is the same as in the preceding exercise. Then, bringing the wand to horizontal posiing the wand to horizontal posisition and grasping it with both
hands, about two feet apart raise
it overhead, bend the body at the
waist, keeping the hips firm, and
twist the wand to pass between
the legs as near the floor as possible. Repeat this exercise ten
times in the beginning, and

"L" WORKMAN DROPS HAMMER INTO AUTO; GIRL FATALLY HURT

Is Struck Down by Missile as She Sits in Tonneau

of Car.

nineteen-year-old daughter of Charles B. Steuerwald, a building contractor living at No. 14 Kossuth Place, Williamsburg, was probably fatally injured to-day by a 10-pound hammer which dropped from the elevated structure at Broadway and Belvidere Street into her father's automobile and struck her on the head. She suffered a compound fracture of the skull.

Workmen employed by the Terry & Tench Company are engaged in reconstructing and third tracking the Broadway "L" line in Williamsburg. A big gang of ironworkers was busy on the structure when Mr. Steuerwald stopped his car in front of No. 889 Broadway at 10 o'clock to-day and entered the building. Miss Steuerwald BOROUGH PRESIDENT remained in the car. The hammer, dropping about

twenty feet, passed through the tor of the car and struck Miss Steuerwald on the head. Many pedestrians saw the accident, and Mr. Steuerwald was called from his business errand. He took his daughter home and surgeons were summoned.

Policemen from the Hamburg Ave ue station sought to fix the blame, but could find no workman, who would admit dropping the hammer.

JUDGE IS STILL ILL: SLADE TRIAL GOES OVER

Mistrial of Brothers May Be Declared Wednesday in Federal Court.

Perhaps the present trial of the Slades is over and perhaps it isn't, but be that as it may the manly form of "Oliver Osborne" was not seen this morning in the United States Court.

Readers of Miss Furlong's ar-

ticles who are keeping measure-

ment charts or otherwise follow-

ing her lessons are invited to write

to her, in care of The Evening

World, asking any questions per-

tinent to the lessons or requesting

information that will aid them in

following her rules for diet and

oftener as your strength and skill increase. It reduces and renders shapely the arms, waist, abdomen

Readers Following Miss

Furlong's Lessons.

STEADY READER asks: Is

the exercises for reducing?

Certainly.

remember "TARZAN OF

You remember "TARZAN OF THE APES" of course.
Well, Edgar Rice Burroughs, who wrote the "TARZAN" stories, has written a new romance along the same line.
It is called "SWETHEART PRIMEVAL"
"SWEETHEART PRIMEVAL"
begins serial publication in TO-DAY'S Evening World.
Don't miss one instalment of it:
It is Edgar Rice Burroughs's new.est—and in many ways his best—rovel.

novel.

No one who enjoyed "TARZAN"
will be willing to miss "SWEET.
HEART PRIMEVAL." by the same

Remember "SWEETHEART RIMEVAL" begins in to-day's vening Work...

exercise.

The trial of the two Slade brothers nd their detective, Albert J. McCuilough, for conspiracy to obstruct justice in the case of Rae Tanzer against James W. Osborne was called. Judge Hunt presided in the absence of Judge Gordon Russell. Dr. Fielding Taylor estified that Judge Russell may be nesday morning. It will then be taken well enough in a few days to pro-

United States District Attorney Marshall moved a mistrial. Martin Littleton, for the Slades, moved that the trial go on before Judge Hunt. Mr. Marshall demurred that that might shapely the arms, waist, abdomen and legs.

The last exercise I give you to-day is simply another variant of the trwnk twisting, which, as I have told you, is so valuable for reducing the waist. In the normal standing position, with the wand held breast-high in front of you and parallel to the floor, turn the upper part of the body alternately to the left and right, letting the wand and your arms follow the direction of your torso. Repeat ten times, and oftener after the first few days. vitiate a conviction, if any were had, so the case went over until Wednesday morning, when Judge Russell is exepcted to decide whether he can

AFTER BRONX MURDER of the Duke of Rutland's three daugh-

Letters from Evening World Woman Awakened by Shots in Street Calls Police, Find Victim Dying.

A man who the police say was woman of fifty years too old to start Frank Caro, twenty-four years old, address unknown, was fatally shot in Fort Independence Street, the them. Try only four or five of the Bronz, shortly before 1 o'clock this morning by two men who escaped. The police have no clue to the mur-MRS. B. McD. writes: How can I

sons to breathe as much oxygen as gain weight?

A course in diet and exercises for fort Independence Street was awakdeveloping will be given in these ened by three shots, and, looking out,

W. F. asks: Would your exercises Governor Plays With Two-Year-Old on Visit to Auburn.

AURURN, July 12 .- Gov. Whitman visited Auburn Prison to-day. He went A READER asks: What special through the entire plant, including the The rolling exercises printed on condemned row and the women's prison. While passing through the latter the Governor was touched by the sight of a

The "TARZAN" Man! of money for these places and we want to know how it is spent. I enjoyed my visit."

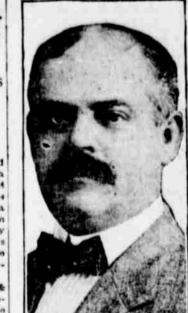
SENTENCE CUT FOR DARING.

"Any man with nerve enough to jump off an elevated train while it is in me on, in order to escape from the police, has nerve enough to make good at something worth while," said Magiatrate Barlow in Yorkville Court this the training the was talking to Fred Col-lins, twenty-eight, of No. 223 East Twelfth Street, who had been arrested for jostling on a Third Avenue surface car June 24 and later endeavored to es-cape by leaping from a moving elevated

rain.

"Inasmuch as you are an escaped prisoner," the Magistrate said, "I cannot be you go sent free, but it will cut the usual sentence in half and give you forty-five days."

RICHMOND BOROUGH PRESIDENT WHO DIED IN RELIGIOUS RETREAT.



CHARLES J. MSCORMACK

M'CORMACK IS DEAD ing. Neither did I, till

Passes Away Suddenly in Staten Island Retreat-Funeral Takes Place Wednesday

After an illness of several months, Charles J. McCormack, Borough President of Richmond, died suddenly early yesterday at Mount Maressa, a Quite different from any except home a Jesuit retreat for Catholic laymen at just like that. Not expensive either. Fort Wadsworth, Staten Island. His cers sell it." death came as a great shock.

Mr. McCormack was born in Manhattan fifty years ago. His first political position took him/to Staten Island twenty-two years ago, when he was an official searcher in the Department of Taxes. He was elected to the Assembly and then became Sheriff. Before being elevated to the Borough Presidency in 1913 he filled several commissionerships.

He is survived by a widow and two children.

The funeral will be held on Wednesday. At a meeting of citizens and officials held at the Borough Hall at St. George to-day a committee was appointed to take charge of the ar

The body will lie in state in th Borough Hall from 9 until 10.30 Wedto St. Peter's Church at New Brighton where a funeral mass will be said Then the body will be taken to St. Peter's Cemetery for interment.

LADY MANNERS HURT.

and Undergoes Operation. LONDON, July 12.—The Daily Mail

reports, "Lady Diana Manners, who has sustained a badly fractured leg, under-went a successful operation at the Nursing Home Saturday and is getting

ters, all famous for beauty.

FIREBUG IMPERILS LIVES

Two Families Resented at Incom

diary Blaze in Youkers. kers; last night and set it to go off at 2 o'clock this morning. As the stair be-

gan to smoke and blage Policement Frank Sakowitz broke in.

Mrs. Barbara Lesko and her daugh-iers Julia and Annie were taken deen ladders from the second story by the firemen. The house was destroyed. Fire Chief Mulcahey has the remnants of the incendiary machine and is in-vestigating.

Centenarian la Dead. RED BANK, N. J., July 12.-Orrin century in age. He retained his facul He was born at South Trenton, N. I., and engaged in the cheese business at Utica. He had lived a retired life here since 1870, but was active in politics. He was married three times. His third wife, who was Miss Julia Babcock, survives.

Purity Premier says



ready made salad dress-

Mayonnaise De Luxe"

Francis H. Leggett & Co.,



FALL VELVET HATS

mm!

Hot afternoons the RHEINAROONS Find nothing half so nice As golden clear, cool Rheingold Beer, Just taken from the ice.

Rheingold

The mildness and purity of Rheingold Beer make it an ideal hei-weather drink. S. Liebmann's Sons Brewing Co.